Safe Storage & Disposal of Household Medications

Everyone has medications in their home, it's important you do your part to ensure medications are used properly and responsibly.



Almost 1/3 of Connecticut high school students misusing pain medications reported they were given them or took them from either their own home or someone else's (CT YRBS, 2017).



LOCK medications away and out of reach to prevent diversion, abuse or accidental overdose. Don't store medications in easily accessible locations such as the bathroom medicine cabinet or on the counter.

TIP: Get a lock bag that has a key lock that can help protect medications at home or on the go, please note these bags are not indestructible. Contact Kara Sepulveda at 0VHD (203) 248-4528 to receive a free lock bag (supply is limited).



LIMIT how much you keep on hand and only buy what is realistically needed. Many times medications expire and go unused. **Monitor** what you do have on hand by keeping a log of what medications you have, expiration dates and how much you have of each medication.



DISPOSE Regularly sort through medications in the home and properly dispose of what is expired or no longer needed. Saving leftover medications increases risk for medication misuse.

(See backside of flyer for medication disposal locations)

TIP: Do not flush medications down the toilet! Flushing medications causes water pollution, negatively impacting our drinking water & environment.

The Quinnipiack Valley Health District (QVHD) & The New Haven Health Department (NHHD) www.connectgnh.org | CONNECT@qvhd.org | CONNE**CT** WITHOUT STIGMA

Medication Drop Boxes



Most local police stations have medication drop boxes in their front lobby where you can drop off any unneeded medications year round. The boxes are safe, easy, and all drop offs are confidential, no questions asked.

Accessible daily, however, due to COVID we recommend calling ahead to confirm they are still open to the public.*

Accepted Items: Over the counter medications, prescription medications, medication samples, medications for household pets, medicated lotions or ointments

Drop off locations:

Ansonia Police Department 2 Elm Street

East Hampton Police Department 20 East High Street

Meriden Police Department 50 West Main Street

Portland Police Department 265 Main Street

Bethany CT Troopers Office 631 Amity Road

Guilford Police Department 400 Church Street

Milford Police Department 430 Boston Post Road

Shelton Police Department 85 Wheeler Street Branford

Police Department 33 Laurel Street

Hamden

Police Department 2900 Dixwell Avenue

New Haven Police Department 1 Union Avenue

Seymour

Police Department 11 Franklin Street

Clinton

Police Department 170 East Main Street

Madison

Police Department 9 Campus Drive

North Haven Police Department 8 Linsley Street

Wallingford Police Department 135 North Main Street

Woodbridge

Police Department 4 Meetinghouse Lane



Westbrook

Resident State Troopers Office

315 Spencer Plains Road

National Prescription Drug Take Back Day is a bi-annual event that allows residents across the U.S. to safely dispose of any unneeded or expired medications. Pop up locations are available across the state typically on the last Saturday in April & October from 10AM-2PM where you can safely and conveniently drop off medications, no questions asked.

Visit https://takebackday.dea.gov/ to find an event near you.

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Police Department 200 Saw Mill Road