

## **Community Health Promotion, Engagement and Outreach**

### **Dr. Martin Luther King, Jr. Event**

- Celebrated the legacy of Dr. Martin Luther King, Jr. on Sunday, January 19, 2020 at Peabody Museum of Natural History
  - Created dream clouds with children and adults
  - Promoted QVHD and public health

### **Public Health Accreditation**

- Realistic approach being discussed.
- SOPs and Policy Development continues: Admin, Environmental, Community Health
- Community Health Coalition Meeting was held on Thursday, January 9, 2020
  - Progress is being made on the implementation of the Community Health Improvement Plan.
  - **Next meeting: March 19<sup>th</sup> from 8:45 am to 9:45 am @ QVHD**

### **School Based Health Centers**

- A. Mulvihill is collaborating with the clinical staff at the SBHC at Hamden High School on a 6-week “Healthy Habits” group, which will address nutrition, sleep hygiene, mindfulness, healthy relationships, STI’s and a student selected topic. Calming skills such as yoga including movement and breathing techniques will be taught.
- A. Mulvihill and M. Carter, LCSW from the SBHC at Hamden High School joined the Hamden Suicide Prevention/Intervention District Team: we will connect and provide support to the efforts being implemented and/or discussed, while promoting services and providing outreach. Insight will be provided on the SBHC’s role in policy development.
- “4 What’s Next”- primary prevention program that builds psychological resiliency in high school students. Applied for license to implement at Hamden High School.
- Addressed concerns related to internet issues at Church Street Elementary School
- **Let’s Move, Hamden! A Family Wellness Fair at Church Street Elementary School**
  - Saturday, Jan. 25, 2020 10:00 am -1:00 pm

### **Public Health Emergency Preparedness (PHEP)**

- Region 2 Public Health Emergency Preparedness
  - Region 2 Full-Scale Exercise Committee: A. Mulvihill will provide support to develop and plan a timeline for the full-scale exercise (regional deliverable)
- Reviewing and updating QVHD’s emergency preparedness plans

## Community Health Board Report

Thursday, December 5, 2019 – Thursday, January 23, 2020

Submitted by: Ali Mulvihill, MPH, Public Health Promotion & Engagement Specialist

### Reportable Diseases

- Influenza
  - CDC Health Advisory: Elevated influenza activity
  - Continued messaging to public: Avoid the Flu (vaccination, hand washing, antivirals as prescribed)
  - As of Wednesday, January 22<sup>nd</sup>: 34 cases\* in district (\*includes only influenza cases hospitalized and may underrepresent actual influenza in the community).
- Disease Follow- Up
  - Tuberculosis (TB): 1 Direct Observed Therapy follow-up; 1 TB referral for evaluation
  - Foodborne illness interview: 1
- 2019-nCoV
  - QVHD is staying current on the Centers for Disease Control and Prevention (CDC) updates.

### Radon Test Kits

- Started January 6<sup>th</sup>, limited to 50
  - Town administrators notified, promoted on website and social media

### Guest Spoke at Quinnipiac University (QU)

- Spoke in QU's Global Public and Community Health course to second year medical students. Provided an overview of the role of the local health district, how outbreaks are handled, the importance of public health and primary care collaborating and working together.
- Connected second year medical students to MRC volunteer opportunities.

### Healthier Greater New Haven Partnership

- Health Enhancement Community (HEC)
  - Position Statement: The intent of the Greater New Haven HEC is to improve community wellbeing in GNH through creating opportunities to: address the factors related to child wellbeing (ACES) and health weight/fitness that contribute to poor health outcomes; and implement sustainable strategies to address the social determinants of health that cause or contribute to poor health, health inequities, and health disparities.
  - Carole Passarelli-Community Consultant, Hamden Resident

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### **Transition Support**

- Supporting M. Cummings with payroll and confirming hours inputted
- Tracking benefited time
- Cash Bank deposits
- Drafts of SOPs
- Management meetings

### **Upcoming:**

- **SBHC at Church Street Elementary School Outreach and Health Promotion**
  - **Let's Move, Hamden! A Family Wellness Fair:** Sat., Jan. 25, 2020
  - 10:00 am -1:00 pm
- **North Haven Earth Day Celebration**
  - Sat. April 4, 2020 10:00 am – 1:30 pm, North Haven High School